



a podcast by Nicole Beholds

EPISODE THREE

WHO I THOUGHT I'D BE companion guide

- **We all carry expectations of who we thought we'd be by now. Maybe it was a career, a relationship, a family, or simply a version of yourself you assumed you would have become.** Does your life look different from the one you pictured? Is there something there you need to grieve before you can fully see the beauty in the story you're actually living?
- **"Maybe comparison isn't actually the problem. Maybe it's what disappointment sounds like when we haven't made peace with our unmet expectations."** When someone else's life becomes a measuring stick for yours, what might that comparison be revealing about an expectation you're still carrying?
- **"Sometimes we're so busy looking for our purpose—or what's next—that we miss the evidence that it's already been forming in us for years."** Look backward for a minute. What parts of your story can you see differently now? What gifts, experiences, losses, relationships, or even detours might have been shaping you for where you are today?

REMINDER FOR THIS WEEK

Your life doesn't have to look the way you imagined to be full of purpose.