

beholding YOU

The trick is to work one day at a time, little by little. The goal is to be bored at the end of the day, to feel satisfied for now, but knowing there is more tomorrow. Don't beat yourself up if you don't complete a task! If you spaced out your chores enough, you may have additional time to double up on a less busy day. Grab a pen, and a few different color highlighters and **PRIORITIZE!** Each area gets highlighted a different color, priorities get stars. Leave room for projects, extra tasks, and/or errands at the bottom.

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Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	

Week of: _____ A or B